

# Make Your Own Ice Tray Popsicles

## You will need:

- Orange juice (or another kind of juice - apple, cranberry, grape, or pomegranate are all great choices!)
- An ice cube tray
- Sturdy toothpicks
- Plastic wrap
- Freezer

## How To Make Them:

- Fill your ice cube tray with the juice.
- Cover the tray tightly with the plastic wrap.
- Poke a toothpick through the plastic to the bottom of each individual cube.
- Place in the freezer for 4 to 6 hours.

## To Serve:

- After the popsicles are completely frozen, remove the plastic wrap, gently twist the ice cube tray to loosen the popsicles, and enjoy!